

The Mizoram Pharmacists



An official publication of the Mizoram State Pharmacy Council

Vol.1 No.6 July, 2015

INDOMETHACIN

Hming dang: Indicin, Artid-SR, Donica, Edicin, Indo-25.

Eng atana hman nge?

Damdawi hi chi hrang hranga then a ni a, Indomethacin hi NSAIDS kan tih, Non-steroidal Anti-inflammatory drug-ah telh a ni. A hmanna ber chu khawsik sang lutuk tihreh nan te, vung tihreh nan te, ruhna leh nachhawkna atan hman a ni.

Eng chemical nge a nih?

2-{1-[(4-chlorophenyl)carbonyl]-5-methoxy-2-methyl-1H-indol-3-yl}acetic acid

Eng angin nge kan hmuh thin?

A mum, laihren, a tui, inchiu leh mawng hnawhin.

Engzata ei tur nge?

Puitling tan ni khatah 200mg aia tam ei loh tur a ni a, vawi khat eiah 25mg-in bul tanin mamawh tawk angin darkar 8-12 ah ei tur a ni. Extended release (damdawi ama hun tiam chhunga muangchanga taksaa insem darha thawk tura duan) a nih chuan ni tin 75mg-a ei tur a ni. Tin, mawng hnawh anga hman a nih chuan 50mg darkar 8-12 ah hman tur a ni.

Naupang tan

Naute ni 2 atanga ni 7 inkarah chuan 0.2mg-in 1kg-ah pek tur a ni. Entirnan, naute chu a rih zawng 3kg a nih chuan 0.6mg pek tur a ni. Tin, kum 2 atanga kum 14 inkarah chuan 2mg-in 1kg-ah pek tur a ni. Naupang tan chuan 200mg aia tam ni khatah a taksaa a lut tur a ni lo. Indomethacin hi chaw ei kham veleh ei tur a ni.

Side Effects

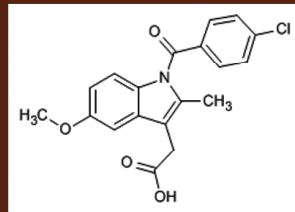
Luakchhuak, pum nuam lo, luna, luhai leh a dangte pawh a thlen thei a. Tin, naupai tan leh nau hnute pe lai tan doctor-in ei tura a chawh a nih loh chuan ei loh a him a ni.

Damdawi dang nen ei pawlh a him em?

Digoxin, Probenacid, Nadalol, Valsartan, Telmisartan, Captopril leh a dangte nena ei pawlhin, heng damdawi hnathawh hi taksaa a thawh tur aia nasain a tihniamin a tisang thei a. Kan ei a nih pawhin ei rual lovin, darkar 2 emaw darkar 3 danah emaw ei tur a ni. Tin, vitamin leh food supplement emaw, thlai atanga ei tur leh damdawi siam chhuah dangte nen ei pawlh loh a him.

Chaw leh thil dang nena ei pawlh a pawl em?

Indomethacin hi chaw nen a inhal thu hriat a ni lo va, chaw ei puar zawha ei mai tur a ni. Meizial leh zu nen erawh a inhal.



NEWS

Council member Dr. Laldusanga Pachuau chuan Assam University, Silchar-ah Assistant Professor hna a zawm ta. A hnathawhnaah tuang taka thawk turin duhsakna kan hlan.

Pharmacy Council of India hma laknain Govt. of India chuan heng a hnuai a regulation-te hi Gazette notificationah a tichhuak thar –

- Pharmacy Practice Regulation – 2015
- M.Pharm Course Regulation – 2014
- B.Pharm Pharmacy Regulation – 2014
- Minimum Qualification for Teachers in Pharmacy Institution Regulations – 2014

Heng te hi India ram pumpuia hman nghal tur a ni ang.

Mizoram State Pharmacy Council chuan Registered Pharmacist-te pualin Refresher Course nei leh turin a inbuatsaih mek. Kumin hian tum hnih buatsaih tura hma lak a ni a, a vawi khatna hi July, 2015 chhungin neih hman tum a ni.

May ni 8, 2015 khan Aizawl Civil Hospital-ah Jan Aushadhi Generic Drug Store hawn a ni a, man tlawm zawka mipuiten damdawi an lei thei-hna tur a ni. He store hi Mizoram Health Care Society hnuai a din niin, a enkawl hna pawh anni hian an thawk nghal a ni. Thawhtanni atanga Zirtawpni thleng, zing dar 5 atanga zan dar 8 thleng dawr theih tura hawn thin a ni a, damdawi chi hrang hrang, dawr pangngai aia tlawmin an hralh a ni. Jan Aushadhi Generic Drug Store hi Civil Hospital a thawk, damdawi lama thiamna bik nei (Pharmacist) ten hunbi siamin an ingghah chhawk thin a ni. Mizoramah Generic Drug Store changtlung tak kan nei hi a lawmawm hle a, mipuiten i chhawr tangkai ang u.



MEMBERS OF THE MIZORAM STATE PHARMACY COUNCIL

President

Pu Lalsawma Pachuau

Vice President

Dr. H. Lahlhenmawia

Registrar-cum-Secretary
Esther Laldhawmi Hnamte

Members

Dr. K. Ropari

Dr. R. Tlangkunga
Pu Thangkima Ralte

Pu C. Vanthuama

Pu F. Vanlallawma

Pu Lalvuana

Pu R. Rodinglana

Pu Zothanpuia

Pi Lalhmingliani Pachuau

Pi Laldinpuii

Pi Vanlalhluti



OFFICE ADDRESS

1st Floor Hausiama Building
Dinthar, Aizawl - 796001

Near

Directorate of Health Services

Phone

0389-2321683

Email

mspc.aizawl@gmail.com

Message from the President

Thian duh takte u,

Duh aiin kan bulletin kan tichhuak har a, in zavaia chungah thupha kan chawi e. Tun tum chu Indomethacin chungchang kan thlur bing leh a, chhiartuten in hlawkpui ngei ka beisei. Damdawi zirni leh a thiam ten uluk tak leh fiah taka an sawi hi chhiar i la, hria i, la, vawng tha ang u. Damdawi hi a nih dan taka hman a nih a, a tangkai tehlul nen hman sual erawh chuan thihna hial thlen thei a ni tih kan hriat kha.

Thil dang daihah han pakai tai la - thinlung taka lawmna min thlentun tunlai chu ka nei tlat mai, chu chu eng dang ni lovin Aizawl Civil Hospital-a Jan Aushadhi Generic Drug Store hawn a ni ve ta hi a ni. He store hian kawng tam takah Pharmacist-te min pho chhuak a. Kan thiamna leh theihna, mipui, a mamawh tute tan kan hmang tak tak theite hi a ni. Chu mai bakah, mi harsa zawkten damdawi tha man tlawm tea kan lei thei hian nasa takin damdawi mana kan senso a tihnam a, sum leh paiah kan retheih ang angin kan phurrit min chhawk zangkhai hle dawn a ni.

He Jan Aushadhi Store an sawi hian sawifiah ngai erawh chu a awm. Damdawi mante a tlawm em avangin a that tawk loh ring pawl an awm a, tin, 'Generic' tih te kan sawi ri fo mai; heng hi sawifiah ngaiin ka hria a, ka hriat chin chin sawifiah ka'n tum ang e.

Generic chu eng nge? Generic han tih hian a kawh ber chu, damdawite chemical name, (official name te pawh kan ti thei ang) anga damdawi siamtuten an zawrh chhuah hi a ni. Eg: Paracetamol I.P, Ibuprofen I.P, Ampicillin I.P tia damdawi zawrh chhuah ho hi a ni ti mai teh ang. Company-ten hming dang, anmahni duh anga an phuah hi Branded generic an ti leh a, Eg: Fenceta, Omez, Cetzine, etc. Brand name hi chu a damdawi hmu-chhuaktu leh a zuarchhuaktu hmasa berin a hming an phuahte hi a ni.

Dawra damdawi kan hmuh tam berte hi Branded Generic ho a ni a, Generic drug kan tih nen hian a in ropui hleih chuang lo, Generic drug an ni tho - a tak takah chuan.

A man tlawmna chhan leh a quality hi chu issue lehah chhuah chhunzawm a ni ang.

DAMDAWI chungchangah zawh duh i nei em ?

- # Damdawi ei kawp loh tur i hria em?
- # Damdawi ei nghawng (side effect) eng nge?
- # Damdawi i ei khan nghawng tha lo (adverse effect) eng nge a neih?
- # Damdawi engtia ei tur nge?
- # Damdawi i ei kha a hlauhawm em?

Hengah hian harsatna i neih chuan-

DRUGS INFORMATION CENTRE

Mizoram State Pharmacy Council Office,

Phone No. 0389-2321683-ah office hour chungin zawt la,
an lo chhang ang che.

