

The Mizoram Pharmacists



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DICLOFENAC

Hming dang: Diclowin Plus, Diclogin Forte, Lysoflam, Cataflam, etc.

Eng atana hman nge?

Damdawi hi category hrang hranga then a ni a, Diclofenac sodium/potassium pawh hi non-steroidal anti-inflammatory drugs-ah telh a ni a. Khawsikah te, lu naah te, ha na-ah te leh ruh na chhawkna atan te hman bik a ni.

Eng chemical nge a nih?

2-(2-(2,6 - dichlorophenylamino phenyl) acetic acid

Eng angin nge kan hmuh thin?

A mum, inchiu, mit thlawr, mawng hnawh tein a awm.

Engzat nge ei tur?

Diclofenac sodium emaw Diclofenac potassium emaw hian darkar 6-8 chhung-in taksaah hna a thawk thei a. Mihring taksaah ni khat chhungin 200 mg aia tam a lut tur a ni lo

Puitling tan: Hmeichhia, thi neih laia taksa kham emaw, taksa na them thum emaw, ruh na (rheumatoid arthritis/osteoarthritis) emawah chuan 75-150 mg ni khatah wawi 2/3-in, darkar 6 danah ei tur a ni. Mawng hnawh (suppositories) chi chu 12.5-25 mg-in ni 4 chhung hman tur.

Naupang tan: Doctor-in ei tura a chawh chuan 2-3 mg/kg hi ni khatah wawi 2 atanga wawi 4 darkar 6-8 danah pek tur a ni.

Damdawi him a ni em?

Damdawi reng reng hi a tha lam leh chhe lama hnathawh nei vek an ni a. Diclofenac pawh hi a ei dan tur dik taka ei chuan damdawi him tak nia ngaih a ni.

A hnuai mite hi a him loh dan chu a ni:

Naute lung tha lo a siam theih avangin naupai tan ei loh tur a ni. Nau hnute pe lai tan, nau pawmtuin damdawi hi a mamawh dan azirin a ei thei ang. Kum upa lam (65 yrs & above) tan ei loh a him. Pumpui na, luakchhuak, thak, hypertension leh mitliam a thlen thei.

Naupang tan a him em?

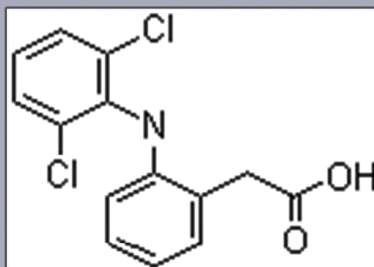
Diclofenac sodium/potassium hi naupang kum 12 hnuai lam ei turin recommend a la ni lo.

Damdawi dang nen ei pawlh a him em?

Aspirin te, Methotrexate te, Cyclosporine te, Turosenide te nen a inpawhlin heng damdawi hnathawh hi taksa a thawh tur aia nasain a tihniamin a tisang thei a, kan ei a nih pawhin a ruala ei lovin darkar 2-3 danah ei tur a ni. Heng damdawi bakah damdawi dang nen a inhal thu hriat a ni lo va, mimalah erawh a thleng thei.

Chaw leh thil dang nena ei pawlh a paw em?

Diclofenac hi chaw emaw, bawnghnute emaw nen pawh ei pawlh a paw lo va, pum puar laia ei tur a ni.



LAWRKHAWM

July 20, 2012 Khan India Rama Drugs Controller committee sang ber, kan President Pu Lalsawma telna Drugs Consultative Committee neih a ni a. Drugs & Cosmetics Act chungchang te leh amendment siam ngai te he committee-ah hian buatsaih thin a ni a. Damdawi hman sual theih (abuse) khuahkhirhna dan siam rem dan tur Central sorkarah an thlen bawk. He committee-ah hian Drugs Controller General (India) chuan India rama state hrang hrangte Drugs Control tihchak nan Central Sponsored Scheme duan chhuah a nih thu leh Planning Commission pawhin a ruahman fel vek tawh thu a sawi.

India rama chanchinbu lar tak Times of India, June 5, 2012-a chhuak chuan body lotion-a mercury a awm chuan kal tha lo (kidney failure) a thlen theih thu a chhuah a. Hei vang hian Drugs Controller General chuan state tina Drugs Controller-te hnenah anmahni state chhunga lotion zawrhthe chu Drugs & Cosmetics Rules tlawhchhanin, mercury tel lo an ni ngei em tih finfiah hmasa zel turin thupek a chhuah.

Research Project: Pu Laldusanga Pachuau, Asst. Professor, Deptt of Pharmacy, RIPANS chuan Deptt of Biotechnology, India atangin project thar 'Isolation, Characterization and Formulation Studies of Gums obtained from *Albizia stipulata* (Vang) and *Prunus cerasoides* (Tlaizawng) of Mizoram' (57.62 lakhs) a hmu.

Dr. T.C. Lalhriatpuii, Asst. Professor, Deptt of Pharmacy, RIPANS pawhin Deptt of Biotechnology, India atangin project thar 'Investigation of Anti-cancer and Anti-ulcer activity of the selected ethno-medicinal plants of Mizoram and further isolation and characterization of their chemical constituents' (75.15 lakhs) a hmu bawk



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Message from the President

Chhiartu duhawm tak leh Mizoram chhunga Registered Pharmacists zawng zawngte chibai ka buk a che u. Mahni hna thawhna hmun theuhah tui tak leh thahnemngai taka in thawh theih ka duhin, kan ram mipui mimir hriselna chawi kang tur leh sorkarin min dahna ang taka kan mawhphurhna hlen chhuak turin kan puan ven i sawi chhing leh teh ang u.

Mizoram State Pharmacy Council bul tumin Bulletin kan rawn buatsaih leh a. Tun tumah hian kan mithiamten Diclofenac sodium/potassium an rawn thlurbing leh a ni a, uluk takin i lo chhiar leh teh ang u. Thurawn han neih ka duh chu, 'heng kan bulletin-te hi lo dahtha zel teh u' tih hi. Engtik hunah emaw chuan chilhkhawm tham, Mizo tawnga damdawi ziahna bu tha takah a la chang thei ang. Chutih hunah chuan lehkhahu hlu leh rawn tlak kan nei dawn a, damdawi mamawh thut emaw, ei huat palh lo awmah pawh lehkhahu rawn awlsam te a ni ang.

Bulletin hmasa kha chhiartu thehnen takin a damdawi lam ai mahin Drugs Licence leh damdawi zawrha ei zawn chungchang in lo khel deuh ni tein kan lo hria a, hei hi sawifiah ka duh. Damdawi hi Doctor prescription pek chhuah a tam avanga thiam ngawt theih a ni lo va, a zira zir leh uluk taka enkawl ngai a ni tih hi. Damloin damdawi a lei hian, a damdawi hre chi-angtu, a zira zirtu Pharmacist-ten an pek chhuah hi danin a phut a ni. Damdawi ei avang hian mut a chuak thei a, kawthalo te a siam thei a, zun rawng leh ek rawng a tidanglam thei a, luhai leh luak chhuak te pawh. Heng zawng zawng hi damlo hrilhiah leh a ei hun, ei zat tur, ei dan/hman dan tur hrilh hi Pharmacist-te tih tur a ni.

Mahni leh mahni kan intihchhiat loh nan, damdawi hi i pawngpaw nel lo vang u. Mamawh hunah chauh mithiamte rawnin damdawi i ei thin ang u.

I LO HRISEL ZAWK NAN

Zunthlum damdawi, Antibiotics, Phungzawl damdawi te leh Lungna damdawi te hi a ruala ei hauh loh tur a ni.

Ciprofloxacin leh Ofloxacin te, Tetracycline te leh Doxycycline te hi Iron telna damdawi chi nen ei pawlh loh tur.

Tetracycline hi naupang kum 12 hnuai lam pek loh tur a ni a, bawngnhute lam chi nen ei pawlh loh bawk tur a ni.

Thisen sang damdawite hi chaw ei hma darkar khat emaw, chaw ei kham darkar hnih hnuah chauh ei tur a ni.

DAMDAMI CHUNGCHANGAH ZAWH DUH I NEI EM?

Damdawi ei kawp loh tur i hria em?

Damdawi ei nghawng (side effect) eng nge?

Damdawi i ei khan nghawng tha lo (adverse effect) eng nge a neih?

Damdawi engtia ei tur nge?

Damdawi i ei kha a hlauhawm em?

Hengah hian harsatna i neih chuan

DRUGS INFORMATION CENTRE

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Phone No. 0389-2321683-ah office hour chhungin zawt la,

an lo chhang ang che.

