

The Mizoram Pharmacists



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PARACETAMOL

A hming dang: Acetaminophen tiin an sawi thin bawk.

Eng atana hman nge: Na chhawkna atan leh khawsik tirehtu atan hman a ni thin. Hritlang damdawi kan tih ho bika tel tam ber a ni.

Eng chemical nge a nih?

A chemical hming chuan N-(4-hydroxyphenyl)acetamide a ni.

Eng angin nge kan hmuh thin?

Damdawi mum, laihren, mawngnawh leh inchiu tein a awm.

Engzat nge ei tur(dose)?

Puitling tan: Mihring taksaah ni khat chhungin 4000 mg aia tam a lut tur a ni lo. 4000 mg hi ni khat chhunga wawi li eiah hman tur a ni. Hei hi a sang thei ber a ni a, a chawhtu doctor-in tul a tih chuan hei aia tlemin a pe thei. Hei aia tam i ei chuan tur tha tak a ni hlahu thei. Ni 10 aia rei pek loh tur.

Naupang tan: 15 - 60 mg/kg in darkar 4-6 danah pek tur. Ni 5 pek a tawk. I fa kha kg 5-a rit a nih chuan 15gm x 5 kg = 75 mg wawi khatah i pe thei ang, darkar 4 emaw darkar 6 danah emaw a nat dan a zirin a pek theih. Ni khaatah wawi 4 aia tam pek loh tur. Ni 5 aia tam pek loh tur. Paracetamol mum hian ei atanga minute 11 chhung velin hna a thawk nghal thei a, a rei berah ei atanga darkar 4 chhungin taksaah tha takin hna a thawk a, darkar 4 atangin a hnathawh a reh tial tial thin.

Paracetamol hi damdawi him a ni em?

Damdawi reng reng hi chu tur leh hnathawh tha lo nei an ni vek. Mahse Paracetamol hi a ei dan tur dik taka ei chuan damdawi him tak nia ngaih a ni. A hlahawmna tarlan zawng zawngte hi mi zawng zawngah a thleng vek lo va, tu chungah pawh thleng thei vek a ni thung.

A hnuuia mite hi a him loh dan chu a ni:

Nu, naupaiin a ei tur chin aia tam a ei chuan naute thin (liver) leh kal (kidney) a chhe vek thei. Naupai laiin a ei tur aia tam a ei chuan khup kawi leh ke lek te a thlen thei. Naupai laiin a ei tam lutuk chuan naute hmai duk a thlen thei a, naute piang kha paracetamol mamawh em emin a awm thei a, chu chuan naupang kal (kidney) a tichhe vek thei. Hnute tuiah tlem a kal thei a, hei hian nausen hmai duk leh vual a thlen thei.

Paracetamol ei tam lutuk hian thin (liver) a tichhe thei a, kal (kidney) a tichhe vek thei bawk. Paracetamol hi taksaah a luh veleh chemical dang N-acetyl-p-benzoquinoneimine-ah a chang a, chu chuan thin vengtu enzyme pawimawh tak mai, glutathione a ei ral vek a, thin a chhe thei thin a ni. Hei hi zu in mi-ah a hluar bik a, zu leh paracetamol inpawlh chuan glutathione hi a tichhe nasa bik a, thin a chhe hma bik thei. Hei hi a dose pangngai leh dik taka ei chuan mi tlangpui zingah chuan thleng lo tura ngaih a ni.

Naupang tan a him em?

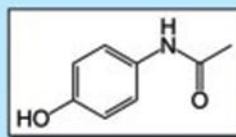
Naupang leh nausen tan a him tawk nia ngaih a ni a, mahse a ei dan tur dik taka pek tur an ni.

Damdawi dang nen ei kawp a paw em?

Paracetamol hi damdawi dang nena a inhal thu hriat ni lo mah se, mimalah a thleng thei.

Chaw leh thil dang ei pawlh a paw em?

Chaw emaw bawngnute emaw nen pawh ei pawlh a paw lo.



LAWRKHAWM

Research Projects:

Kan Vice president, Dr. H. Lahlhenmawia chuan Deptt of Biotechnology, Govt of India atangin Mizoram thlai, Lalruanga dawibur (*Neosalsomitra clavigera*), zunthlum leh pumpui lawng atan a tha em, tih zir chianna turin ₹ 20 lakhs a dawng. Tunah hian Lenhmui pil zirchianna a nei mek a, hemi atan hian AICTE chuan ₹ 7.7 lakhs an pe a, research kalpui mek a ni.

Kan member, Mrs K. Thanzami, Deptt of Pharmacy, RIPANS chuan Deptt of Biotechnology, Govt of India atangin Biotechnology tihchang-tlunna (Biotech Hub) atan ₹ 19 lakhs a dawng.

Training:

Kan President, Pu Lalsawma Pachuau chu 'Training of designated Officer under Food safety and Standard Act' neiin 27th Sept -1st Oct, 2010 chhung khan New Delhi-ah a thang.

65th CYMA Conference, 19th-21st Oct, 2010 Lungleiah 'Prevention of Food Adulteration' sawina hun pek a ni.

Drugs Control News:

Mizoram srokar chuan Drugs Control lama chak zawka hma lak a nih theih nan Asst drugs Controller senior ber chu Licensing and Controlling Authority a pe a, he dinhmun hi tunah chuan Pu Lalsawma Pachuau-in a luah mek. Mizoram sorkar chungah MSPC a lawm hle a ni.

Drugs Control section chuan sorkar damdawi supply, Malariaqueen leh Paracetamol chu mihring ei atan a tlak loh tih a hmuchhuak a, lo sem darh tawh pawh koh kir leh vek a ni. Hengte hi damdawi tha zawka thlak leh vek turin supplier-te an hriattir.



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PRESIDENT'S MESSAGE

Hei lei! A vawi khatna atan; eng tak ang maw? Eng chen daih tak ang maw? ti chungin Mizoram State Pharmacy Council chuan mipuite tana tangkai tura ngaiin, 'The Mizoram Pharmacists' tih chu pheh khat lek hmangin kan han tichhuak ve a ni a, chhiartu ten kan hlawkpui ngei ka beisei dat a ni. Tunah hmang tangkai lo mah ila, tangkaina tak chu a la nei ngei ang. Mizote hi damdawi hman huai tak, nat peih lo tak kan ni a, tu khawrawn hlek lova lo rin ei ve mai mai tawk lah bo lo. Heng mite tan tak hian a tangkai theih ka ring a, mi tin mil tur leh hriat thiam theih turin damdawi leh a kaihnhawih thilte mipui hriat atana thate kanrawn puang thin dawn a, mipuiten kan hman tangkai ngei ka beisei.



Mizoram State Pharmacy Council-a thawktute inpekna leh thawhrimna avang leh ziaktu hrang hrangte thahnemngaihna avanga hetiang ti thei kan ni tih kan hria a, an chungah ka lawm takzet bawk.

MIZORAM STATE PHARMACY COUNCIL

Mizoram State Pharmacy Council hi Pharmacy Act 1948 hmanga Mizoram sorkarin a din a ni a. Kum 1993 khan Registration Tribunal, Mizoram chu din a ni a. Dr Lalengi Khiangte Chairman niin Vice President-ah Pu H. Thankima, Registrar-cum-Secretary-ah Pu Lalsawma leh Treasurer-ah Pu Chawng-thangvunga niin, Pu Sanglura Sailo chu member a ni a. Heng mite hian Pharmacist-te first registration an buaipui a ni. Tichuan, MSPC hi kum 1995-ah din tan niin MSPC Rules 1997 chu Mizoram State Assembly chuan kum 2003 khan hman tan theih turin a lo pawm ta a.

Hruaitu hmasate chu – President-ah Dr Lalengi Khiangte, Director, Health Services, Vice President-ah Pu H. Thankima, Drugs Inspector, Registrar-ah Pu Chawngthangvunga (L) leh Treasurer-ah Pu Lalsawma te an ni a. Shillonga building, Bazar Bungkawnah office luahin bul tan a ni a, eng eng emaw harsatna avangin kan office chu luah chhunzawm thei lovin Directorate of Health-ah sawn leh a ni a; chumi hnu kum 2008-ah tuna Zarkawt, K. Lalhluna building-ah hian office luah tan leh a ni.

DAMDAWI CHUNGCHANGAH ZAWH DUH I NEI EM?

Damdawi ei kawploh tur i hria em?

Damdawi i ei nghawng (side effect) eng nge?

Damdawi i ei khan nghawng tha lo (adverse effect) eng nge a neih?

Damdawi engtia ei tur nge?

Damdawi i ei kha a hlauhawm em?

Hengah hian harsatna i neih chuan Drugs Information Centre, Mizoram State Pharmacy Council office,
Phone No. 0389-2306497-ah office hour chhungin
zawt la, an lo chhang ang che.

